

St Edward's Academy

Curriculum Reading Lists



To help you to be successful in all curriculum areas, you should spend time exploring your subjects more widely. Reading around your subjects will help to increase your understanding and will be an interesting and rewarding activity. This additional reading is a supra-curricular activity and it enhances the curriculum. The supra-curriculum is also different to the extra-curricular activities that you take part in.

A supra-curricular activity is subject-specific academic exploration. It builds on and goes beyond what you are studying through the school curriculum. Supra-curricular activities are purely academic in focus and directly relevant to the subject being studied (as opposed to only being relevant through the transferable skills gained). A supra-curricular activity therefore refers to anything you do to explore your subject in greater depth in your own time.

Academic enrichment should be an interesting and rewarding process for you. There is no set formula, nor any 'required reading': it is a chance for you to pick topics that fascinate you and to explore them in a variety of ways. There are also no exams or deadlines and you are free to develop your own lines of research. Do not feel pressured to read something that seems 'impressive', let your own interests guide you. Academic exploration is also a good chance for you to think about what you might like to study in the future.

The following reading lists are intended to challenge and interest you and deepen your understanding of the subject. Enjoy!

Psychology

Key Stage 5

- Psychology : M Hewstone, F Fincham & J Foster
- Psychology The Science of Mind and Behaviour : RD Gross
- Foundations of Psychology - An Introductory Text : N Hayes
- The Principles of Psychology : W James
- Working Memory, Thought and Action : A Baddeley
- The Perception of People and Events : P Warr & C Knapper
- The Social Animal : E Aronson
- Attachment : John Bowlby
- The Lucifer Effect: How good people turn evil : P Zimbardo
- The man who mistook his wife for a hat: Oliver Sacks
- Psychology in Football: Mark Nesti
- Happy: Finding joy in every day and letting go of perfect ; F Cotton