

Revision Strategies

Retrieval Practice

Practice bringing information from memory for better results.



“**Retrieval Practice**” is a learning strategy where we focus on getting information **OUT**. Through the act of retrieval, or calling information to mind, our memory for that information is strengthened and forgetting is less likely to occur.



Retrieval Practice

Practice bringing information from memory for better results.



At-home activities using Retrieval Practice

- Ask your child to write key words on a flash card.
- Your child should summarise their knowledge of each key word on the back of each flash card.
- Allow your child time to flesh out their cards with as much information as they can remember.
- Test your child by asking them to define the flash card words without looking.

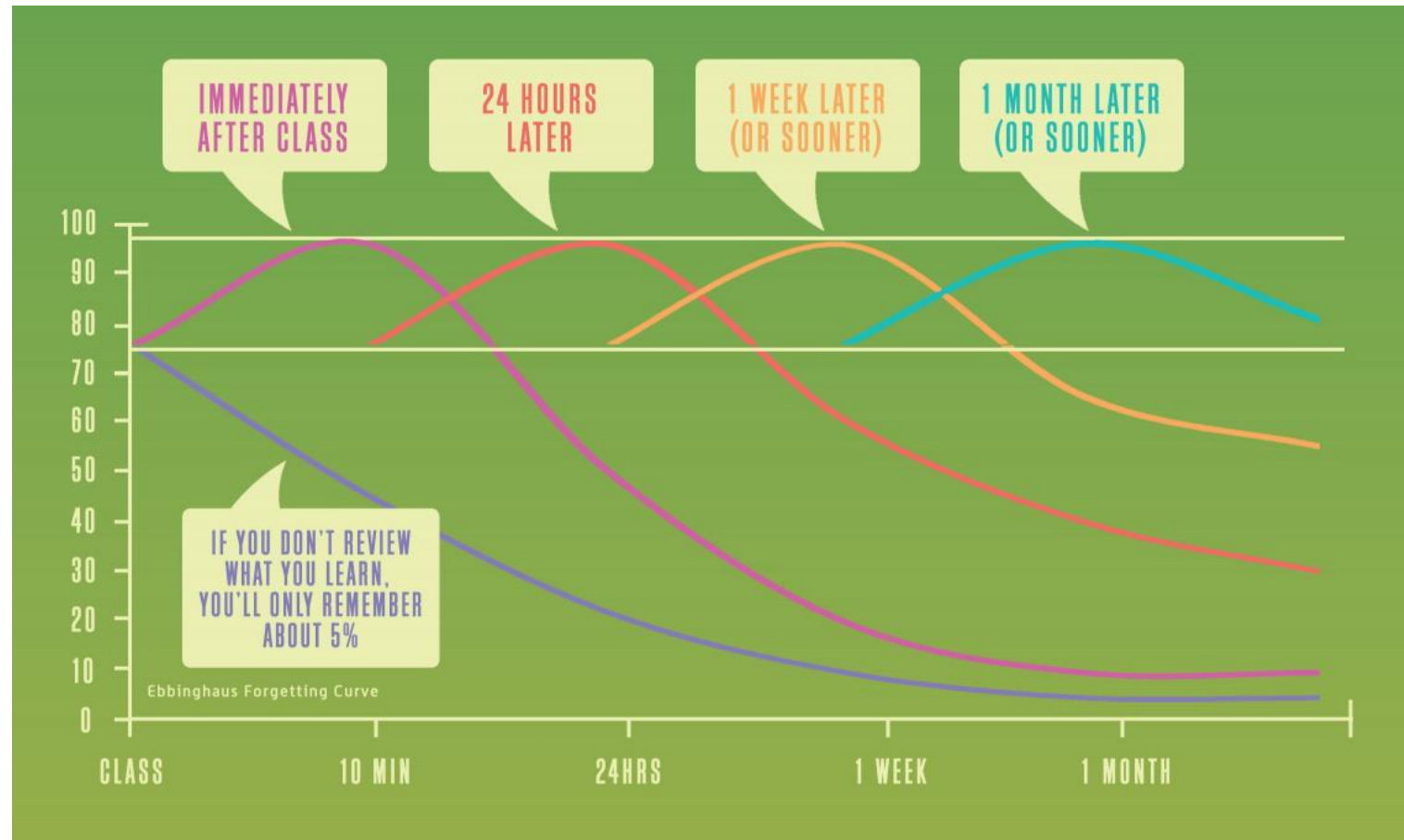


Spaced Practice

Revise, rest, repeat.....space out revision for better results



It has been proven that by reviewing at regular intervals, you can reduce how much you forget to just 10%.



Spaced Practice

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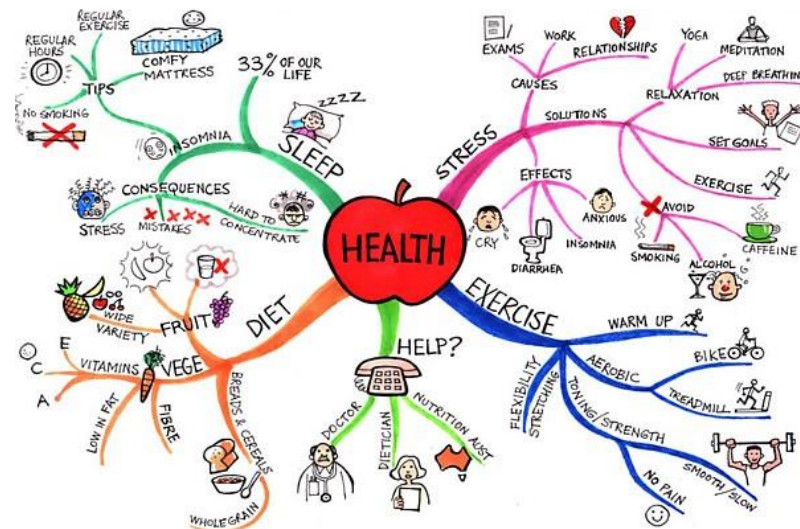


Reviewing 4 times within a month can help you remember nearly 100%

Immediately After Class

Mind Mapping

Encourage your child to watch a video and write down all the key words. Then, from memory, ask them to fill in as much information as they remember on a mind map.



4 Hours Later

Review Maps

Cover your child's mind map and see how much they remember. Highlight the information they couldn't remember and recommend revising the topic again.

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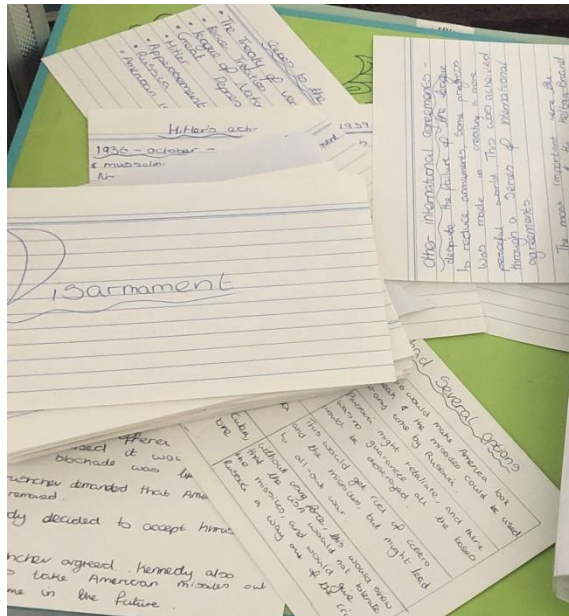


Reviewing 4 times within a month can help you remember nearly 100%

1 Week Later

Flashcard

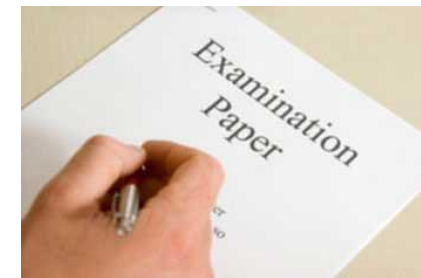
Encourage your child to create their own questions with the answers on the reverse. Then, test their knowledge.



1 Month Later

Past Papers

Encourage your child practice past papers.



Dual Coding

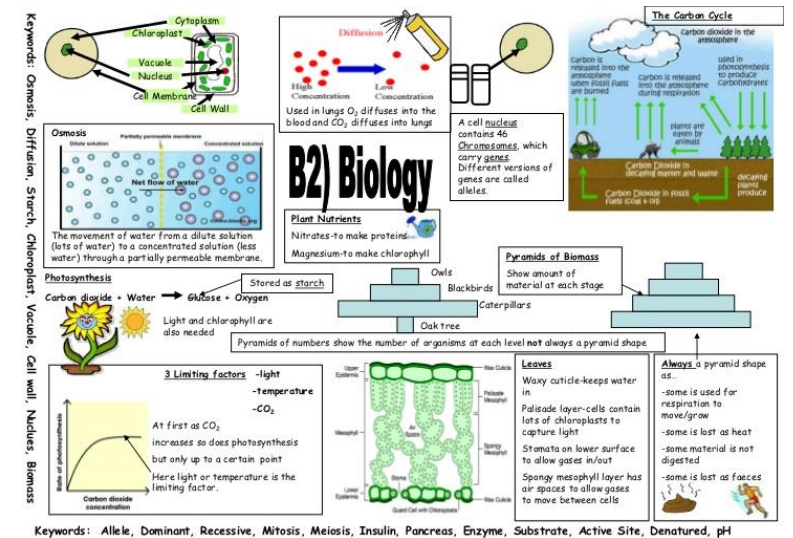
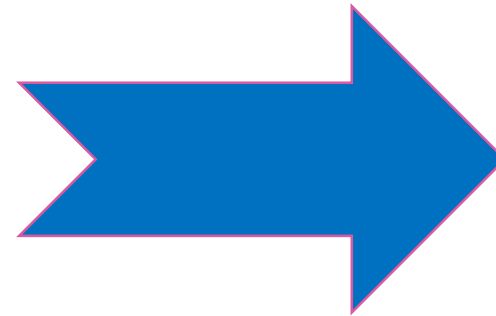


Combine both words and visuals for quicker and stronger recall

Dual Coding



Just reading text alone improves our memory by 10% in 3 days but looking at the picture we are likely to remember 65%.



Interleaving

Interleave revision to remember more



Interleaved practice is a learning technique that involves switching between topics and ideas and has been shown to improve long-term learning relative to blocked study of the same idea or topic.

Interleaving

Interleave revision to remember more



- Ask your child to create a learning/revision timetable using the interleaved practice example below. They should choose topics that are similar and related either from the same subject or a different one.
- This makes it easier for your child to plan out their revision so that similar and related ideas and concepts, such as in Maths and Science, are studied together and in different orders, rather than separately and/or always in the same order.

Less Effective Blocked Practice

Monday	Tuesday	Wednesday	Thursday	Friday
Topic 1	Topic 2	Topic 3	Topic 4	Topic 5
Topic 1	Topic 2	Topic 3	Topic 4	Topic 5
Topic 1	Topic 2	Topic 3	Topic 4	Topic 5

Highly Effective Interleaved Practice

Monday	Tuesday	Wednesday	Thursday	Friday
Topic 1	Topic 4	Topic 2	Topic 5	Topic 3
Topic 2	Topic 5	Topic 3	Topic 1	Topic 4
Topic 3	Topic 1	Topic 4	Topic 2	Topic 5