

Friday 11th June 2021

Dear Parents/Carers,

RE: Year 9 and 10 RSHE Education

As a part of your child's education at St Edward's Academy, we promote personal well-being and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, on Monday 14th June, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. These RSE lessons will be taught by Annie and Sue, two qualified nurses from OM Health and Well-being, and will cover the following topics:

- Year 9 – Contraception:
 - what is a sexual relationship? Sex and the Law, myth busting, sexuality
 - Where to get help if you need it
 - Introduction to contraception
- Year 10 - STIs:
 - signs and symptoms of the most common, how they are treated and where to get help.

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. PSHE education is taught throughout the school in every Year group and is monitored and reviewed regularly by the staff and governing body. For more details about our PSHE curriculum, please visit the school's website www.stedwardsacademy.co.uk/personal-social-health-and-economic-education-pshee/.

All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values. As a school community, we are committed to working in partnership with parents and carers; if you would like to find out more or discuss any concerns, please contact the school at pshe@steds.org.uk.

Yours faithfully



Angelina Chapman
Assistant Headteacher