



# St Edward's Church of England Academy

## Relationships and Sex Education Policy

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## RSE Policy

### St Edward's Church of England Academy

#### Introduction

Relationships and Sex Education (RSE) is the right and responsibility of the parent/carer. St Edward's C of E Academy provides RSE to support parents/carers in fulfilling their responsibility and to contribute to every students' health, wellbeing and preparation for adult life.

The students at our school come from diverse backgrounds, expressing a spectrum of beliefs and values. Together with our Governing Body, we have consulted and developed a familiarity with the beliefs and attitudes which our range of families have about issues such as:

- relationships and sex education
- abortion
- contraception
- LGBT+ (Lesbian, Gay, Bisexual and Trans +)
- sex outside marriage

Inclusivity and hospitality should be hallmarks of Church of England schools: every child should be revered and respected as a member of a community where all are known and loved by God. (*Valuing All God's Children July 2019\_0*)

#### Aims

Students will learn how to navigate through the changes in their surroundings, their emotions and their physical selves. We will have open and honest conversations allowing us to learn from each other's differences and similarities. We break through misconceptions and understand the importance of the various aspects that make up our community. We will see links between every subject and stage in our education.

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships

- Teach pupils the correct vocabulary to describe themselves and their bodies
- To know about the risks of being online and how to stay safe
- To support all young people to stay safe and prepare for life in modern Britain.

## Legal Requirements

Under the Education Act (1993) and the Education Reform Act (1998) all schools are required to maintain a statement of Policy regarding RSE and make it available to parents on request. This policy complies with DfE Guidance on Sex & Relationships Education (0116/2000) and the supplementary guidance Sex & Relationships Education for the 21st Century 2014.

From September 2020 the guidance document 'Relationships Education, Relationships and Sex Education (RSE) and Health Education: statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers' will become statutory. This document clearly sets out the curriculum content that secondary schools must deliver on RSE and Health Education. This document contains information on what schools should do and sets out the legal duties with which schools must comply when teaching Relationships Education, Relationships and Sex Education (RSE) and Health Education. Unless otherwise specified, 'school' means all schools, whether maintained, non-maintained or independent schools, including academies and free schools, non-maintained special schools, maintained special schools and alternative provision, including pupil referral units.

## The Curriculum

At St Edward's C of E Academy, RSE is not an isolated subject; it permeates the whole curriculum and the pastoral system. Citizenship, Religious Education and Science provide a focus for exploring some elements of RSE. The Headteacher and PSHE HOD lead on the overall planning of RSE.

Relationships and sex education should take LGBT people into account. Sexual orientation should be included within RSE in the secondary phase. The Church of England's teaching on human sexuality and a range of Christian views should be taught, as well as a range of perspectives from other faiths and world views. At St Edward's C of E Academy these concepts are revisited in PSHE, RE and Citizenship.

The content of the Academies programme is based on the Science National Curriculum, the RE curriculum and the Citizenship curriculum. The school

recognises the need to create a supportive and secure atmosphere where students can develop the confidence needed to talk, listen and think about sex and relationships. In order to do this, teachers will:

- Establish ground rules with students
- Emphasise the importance of mutual respect
- Encourage reflection
- Make students aware of the relevant persons to approach in the school.

St Edward's C of E Academy draws on a range of teaching methods in order to encourage exploration of attitudes, values and beliefs, using active learning methods which involve students and help them to personalise information.

We understand that teaching RSE in a secondary school should build on the learning at primary school. Through our network of feeder primary schools we work together to establish a benchmark for RSE provision to ensure that this learning will be built on developmentally. In addition, we provide questionnaires for students to identify changing areas of need and misconceptions.

St Edward's C of E Academy expects parents to share the responsibility of sex and relationship education and support their children's personal, social, and emotional development. We encourage parents to create an open home environment where students can engage, discuss and continue to learn about matters that have been raised through the Academy's PSHE programme. Parents are also encouraged to seek additional support from the Academy where they feel it is needed

We ask students for feedback on the schools sex and relationship education provision regularly and expect them to take this responsibility seriously. Opinions on provision and comments are reviewed by PSHE leaders and taken into consideration when preparing the curriculum for the following year's students. This is to ensure we deliver a fit for purpose curriculum. In this way, we hope to provide students with the education and knowledge they need, on topics they want to learn about.

## Staff

Specialist members of staff deliver all RSE lessons. This means that each teacher, led by the Head of PSHE, will follow a pre-planned course, fully resourced and co-ordinated across each year and answer questions from students. Each class will be taught in mixed gendered groups; however, single groups may be used where it is agreed that this is the most appropriate. Further discussion will include Science and Religious Education departments to ensure learning is coordinated, cross curricular and appropriate for each year group.

All members of staff will be asked to teach within the schools framework of HOPE. St Edward's C of E Academy provides regular professional development training in how to deliver sex education; this includes sessions on confidentiality, setting ground rules, handling controversial issues, responding to awkward questions, and an introduction to the rationale of why teaching SRE is so important.

## Parental right to withdrawal from RSE

RSE is part of all students' education and it is hoped that all will participate. Some parts of RSE are compulsory – these are part of the National Curriculum for Science. Parents/Carers can withdraw their children from all other parts of RSE if they want. They do so in writing to the Head teacher. When the Head teacher receives such a letter she will invite the parents/carers to a meeting, at which the Head teacher will explain clearly what the school's policy is and seek to accommodate the wishes and/or concerns of the parents/carers. If that is not possible the pupil will be withdrawn from RSE and placed in another class where suitable work and supervision will be provided.